



# GlycavOx<sup>®</sup> Avocado and AmaChol<sup>®</sup>, best combination for your well being

## GlycavOx<sup>®</sup>

The synergy between avocado fatty acids and amaranth fiber and minerals makes this product an excellent option for controlling metabolic disorders.

GlicavOx<sup>®</sup> is a good source of nutrients and antioxidants and may support weight management and healthy aging.

### COMPOSITION

GlicavOx<sup>®</sup> is a phytocomplex made with avocado (*Persea americana*) and Amachol<sup>®</sup> (*Amaranthus caudatus*). GlicavOx<sup>®</sup> represents a pool of substances that contribute to improving the state of well-being, providing nutrients, vitamins and antioxidants.

The avocado fruit contains monounsaturated fatty acids (MUFA), polyunsaturated fatty acids (PUFA), and saturated fatty acids (SFA), which helps to promote healthy blood lipid profiles and enhance the bioavailability of fat-soluble vitamins and phytochemicals from the avocado or other extracts, which are consumed with avocados.

Amaranth is rich in fiber and thanks to its low glycemic index (GI: 35) and high amount of fiber and manganese, represents a good option for regulating sugar levels

### PROPERTIES

- Keeps the glycemic index low
- Excellent source of fiber, nutrients and vitamins
- Beneficial effects on lipid profiles, triglycerides and total cholesterol
- Rich in unsaponifiable compounds such as sterols, vitamins, carotenoids, tocopherols, and the phenolic compounds
- Antioxidant and anti-inflammatory properties
- Gluten free
- Reduces the absorption of intestinal cholesterol

# GlycavOx®

## USE

GlicavOx® may have important applications as a single ingredient to create a nutraceutical product for metabolic disease or antioxidant therapy.

Combined with other vitamin-rich extracts, GlicavOx® can be proposed as a nutraceutical or functional food to cope with the malnutrition of the celiac subject.

## TEST AND SCIENTIFIC EVIDENCE

The results of studies conducted on the product demonstrate the ability of GlycavOx® to reduce the intestinal absorption of cholesterol of 60%.

### GlicavOx® nutritional values:

Carbohydrates: 0,96%

Fat: 2,75%

of which Saturated fat: 0,60%

Polyunsaturated fat: 2,43%

Monounsaturated fat: 0,80%

Protein: 2,43%

Fiber: 83,8%

Energy value (Kcal/100 g): 205,91

Energy value (Kj/100 g): 829,78



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